



WEEK WITHOUT VIOLENCE

October 10, 2011

YWCA Of WSU presents:

Mildred D. Muhammad

*Executive Director, After The Trauma, Inc.,
Domestic Violence Survivor, Advocate, Consultant, Author & Inspirational Speaker*

Mildred Muhammad is a domestic violence survivor with a story to tell the world. It is not just "a" story – it is "one of the many" stories built on the experiences of domestic violence and the depths of its terror. After her children were kidnapped and her inability to go on living without them, she began the silent struggle of looking for them, knowing that if she exposed herself, John Allen Muhammad would locate her and kill her. She was triumphant in her struggle to get through those 18 months of not knowing where her children were and re-gained full custody of them. She fled from her estranged husband and moved to Maryland with the children. She was frightened during the horrific sniper shootings, sat through court proceedings during the trial, and last but not least, began re-gaining her strength to start a 501©3 non-profit organization, After The Trauma, to assist survivors of domestic violence.

She has become a "National/International Spokesperson" for domestic violence and has been honored as being the keynote speaker, telling her story, for many conferences regarding domestic violence. She speaks to victims/survivors of domestic violence, law enforcements, advocates, judges, therapist, counselors, military facilities, medical professionals and at various universities. She is an advocate and accompanies victims & survivors to court. She is a consultant with the Office for Victims of Crime and is a board member of different domestic violence organizations.

She was interviewed on HLN Issues, with Jane Valez-Mitchell, The Tyra Banks Show, Larry King Live, Good Morning America with Charlie Gibson, appeared on several CNN documentaries, MSNBC documentary, Court TV documentary, Investigation Discovery documentary, BET, and other TV interviews. She has also been interviewed by various newspapers, internet blogs and magazine, to include the Washington Post, Redbook and Newsweek. She has spoken on various syndicated radio shows.

Her book, 'Scared Silent', was released October 2009 by *Simon and Schuster*. The reviews have been very favorable and supportive. Many have identified with her story and have expressed gratitude to her for sharing her personal story.

She has also written a working journal, 'A Survivor's Journal' specifically for victims and survivors to help with those anxieties that others may not understand which is available on the organization's website. The responses regarding the journal from others in the field have been spoken to the fact that this journal is unique in its own right and has the potential of unlocking the emotions victims/survivor carry around for so long. It is a great journal to have to tap into those emotions.

She is currently attending Everest University and will receive her degree in Criminal Justice.

**Monday
October 10, 2011
CUB Jr. Ballroom
5:30pm**

**Book "Scared Silent" will be available for purchase at the event
Mildred Muhammad will be available for signing after keynote.**